

Here is our prayer for the week. I invite you to contemplate it daily:

Creating My Exceptional Life

“If we are willing to do the work of changing our consciousness by changing our thoughts AND acting accordingly, then we will be able to create a new life for ourselves that is happy and successful; we will have ‘updated our belief systems.

– Louise Hay, You Can Create an Exceptional Life

There is one intelligence, present everywhere and constantly at work, revealing possibilities for the most wonderful life possible. I know that I am a perfect expression of Spirit’s Energy and Power; that I am One with the Creative Flow of God’s Infinite Mind. And so, I step forward on the path of Positive Possibilities.

My life is a reflection of my beliefs. Spirit responds to my beliefs, manifesting in my life that which I expect to happen. I am learning to consciously monitor my thoughts and use Spirit’s vision of my Highest Good to guide my actions. I let go of any sense of expectation or fear; this is replaced with the expectancy of new experiences and new places, of learning more about who I really am. Because I am one with God, I believe every action and solution is already mine. As I grow in my ability to picture my life as perfect, whole and complete, my life changes to become just that.

Gratefully, I appreciate my world as it evolves, thankfully embracing all Life’s changes, and consciously use Spirit’s Truth to help me guide my actions. I release my work, knowing it is created here and now.

AND SO IT IS!

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