

Here is our prayer for the week. I invite you to contemplate it daily:

“To be yourself in a world that is constantly trying to make you something is the greatest accomplishment.” ~Ralph Waldo Emerson

Please join me as I speak these words of the Centering Prayer. And know that as I say these words for myself, I say them also for you.

There is only One Mind, One Source, One Divine presence. It only knows goodness, peace, and truth. It is the purest example of love that exists. Unconditionally, it gives to all who recognize It and are willing to partake in the abundant nature it has to offer.

I connect deeply to this source by going within, slowing my breath, closing my eyes, and using all of my senses. I know that nothing else matters; being grounded in the One Mind gives me the ability to see spiritual truths and use them to increase my consciousness.

Each decision I make is gently guided by Divine, right action. My intuition is always available allowing me to generate an atmosphere of peace and tranquility. What I firmly believe is that my life is an out-picturing of my consciousness. My choices lead me into a greater expression of the Divine and these choices continue showing me how good life can be. I dismiss any idea, person, or condition that doesn't serve my highest good. My reliance rests on the knowing that God directs me to right action. Pure radiance flows from my inner being, shining a light brightly for all to see.

Grateful for all that has been given to me, emotionally, spiritually, physically, intellectually, I say thank you God. Thank you for using my life as a mirror for me to reflect into and influence how my deepest desires are demonstrated.

Knowing that my declarations are made manifest, I release them in the Law of cause and effect that perfectly works every time. And so it is!

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