

~ November 20 ~

The Power of Gratitude

acceptance, receptivity ... realization. Appreciation, gratitude and thanksgiving—the motive power which attracts and magnifies the hidden potentialities of life. SOM P 637

Dr. Holmes, in his book, *The Science of Mind* says, “In everything gives thanks.” An attitude of gratitude is most salutary, and bespeaks the realization that we are now in heaven. How we love to do for those who co-operate with, and are grateful for, our small endeavors! Gratitude is one of the chief graces of human existence and is crowned in heaven with a consciousness of unity. SOM P 497

It has been said that, “the prayer of thanksgiving is the prayer of appropriation.” This was the manner in which Jesus prayed when he raised Lazarus from the tomb: “Father, I thank thee ...” Recognition, unification, and realization are the three steps in prayer or treatment. When we speak the words of thanksgiving to the God within, knowing “before they ask will I answer,” there is something in this attitude of thanksgiving that carries us beyond the field of doubt into one of perfect faith and acceptance, receptivity.

Dr. Jim, in his book, *The Way I Am*, says, “What are you looking at, what are you feeling? Is it good, fulfilling, and creative?

If not, stop looking at it. Imagine what creation feels like.

This is not rocket science, its work. For too long you’ve been listening to reports of lack, pain, and suffering. Stop studying

counterproductive ideas. Start studying productive thoughts. Put only good stuff in and great stuff will happen.

If despair wants your attention, REFUSE! Say aloud, “Despair, you are not welcome here, but my good is. I now see the goodness of all that I desire manifesting in the flesh, right before my eyes. Thank you, God, for giving me so many blessings.”

READ ALOUD AT YOUR THANKSGIVING MEAL

The Way of Good Understood

“Gratitude, generosity, and grace
Are practical principles

All coming from the same place.

A working knowledge of Spirit

Traced upon the face of the human race:

A way of life free from strife;

The way of good understood;

The pleasure of the treasure hidden in the heart;

The knowledge that puts the horse before the cart.

God is with you now. No need to know how.

Seek to embody and embrace the practical

Practice of gratitude, generosity, and grace;

And you will take your place, no longer directed by sin,

For once forgiven you are free to begin,

A life rising out of the dark,

A life that finally hits the mark,

Filled with gratitude, generosity, and grace,

Practical principles that know your place;

A way of life free from strife,

The way of good understood.”

AND SO IT IS! Dr. Jim Turrell

Sunday Program

Welcome: Erica Turrell

SOL

Featured Musician David Week-Wynne

Piano: Ron Levy, Bass: David Weeks-Wynne, Guitar: Brian Pothier, Phil Carillo:: Drums

Vocals: Erica Turrell and Kris Shelton

Affirmative Prayer & Affirmation

Marion Whitson, RScP

Affirmation

“Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.”

— Opra WinfrySOLO

Featured Musicians

READING

Monique Furiuke

~ **November 20** ~

THE POWER OF GRATITUDE

Rev. Janet Moore

OFFERTORY

Affirmation and Solo

Affirmation

“Let gratitude be the pillow upon which you kneel to say your nightly prayer. And let faith be the bridge you build to overcome evil and welcome good.”—Maya Angelou

SOLO

ANNOUNCEMENTS

Closing Song

Featured Musician