

July 24, 2022

**Here is our prayer for the week. I invite you to contemplate it daily:**

**When you think everything is someone's fault, you will suffer a lot. When you realize that everything springs only from yourself, you will learn both peace and joy.**

**-14th Dalai Lama**

In this moment I recognize that there is only One. Every breath, every thought, and every person is part of this wholeness. There is only unity, and there is only God.

I am, and we are a unique expression of God. I am part of the Whole, part of the divinity of Life and part of the beautiful expression of the Infinite.

On this special day I declare of and for myself that I am a beacon and expression of Truth. Today I know my divinity. I gratefully express my unity in every action. Here and now I move in the knowingness that I am guided by the knowledge of the infinite and cared for by the abundance of all. I accept all the good that is poured out to me and lovingly reciprocate that to the world around me. All my environments are a reflection of mentality. In this Truth I reflect Love, Peace, and unity to the world, and I receive it in return.

In deep gratitude for all that life has provided me I say, thank you God. Thank you for this amazing community. Thank you for an infinite life that is bound by nothing. Thank you for this incredible journey.

I release this prayer in law, knowing that God has done all the work. I accept all that manifests for my greatest good...

**AND SO IT IS!**

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